

MARTIAL ARTS CURRICULUM

Personal Background

- Name : Jürgen Vanden Nieuwenhuysen
- Date of birth : 11th of May 1976
- Nationality : Belgian - Place of birth : Leuven – Belgium
- Weight : 76 kg / Height : 188 cm
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Europe - BELGIUM

Studies : Carpenter

Employment : Employee

Martial Arts Background

History

WHAT/System	WHERE	WHO	WHEN
KungFu	Long Hu Men - Leuven	Sifu Hamit	1990-1992
Aikido	AC Aarschot		1995 (6 months)
ISDS (Mixed Martial Arts)	I.S.D.S. - Leuven	Sifu Patrick Van Vlasselear	1995 – 30hrs private training ISDS
ISDS (Mixed Martial Arts)	I.S.D.S. - Leuven	Sifu Patrick Van Vlasselear	1995 till end 2005

Certifications (under Sifu Patrick Van Vlasselaer)

WHAT	LEVEL
Filipino Martial Arts	Beginning student level 1,2 Advanced student level 1,2
Jeet Kune Do	Beginning student level 1,2 Advanced student level 1,2
ISDS (Mixed Martial Arts)	Sublevel 1,2,3 1 st degree 1 st degree Sublevel 1,2,3 2 nd degree 2 nd degree Sublevel 1,2,3 3 rd degree

Instructor Certifications (under Guru Dan Inosanto)

WHAT	LEVEL
Filipino Martial Arts	Apprentice Instructor level 1- 2 -3
Jeet Kune Do	Apprentice Instructor level 1- 2 - 3

Instructor Certifications

WHAT	WHERE	DATE
Rape Prevention Instructor	AWSDA – American Women Self Defense Association	November 2004
Rape Prevention Instructor	AWSDA – American Women Self Defense Association	August 2005
C.A.S.T. (Confined Areas & Safety Techniques) Instructor	Modern Warrior	August 2005
Keychain Defense Instructor	Modern Warrior	August 2005
Defense Tactics Instructor	Modern Warrior	April 2006
Rape Prevention Instructor	AWSDA – American Women Self Defense Association	November 2006

Membership

WHERE	SINCE
AWSDA : American Women Self Defence Association	February 2004

Participation to Martial Arts seminars, classes, events, workshops (with participation certificate)

WHAT	WHO	WHERE	DATE	HOURS	WHEN
Aikido	Christian Tissier	Belgium		1 day	1995
Brazilian Jiu-Jitsu	Jean Jacques Machado	Kessel-Lo - Belgium		2 days	1999
Yearly BUDO Fros Sports day	FROS	Belgium		1 day	1999 - 2001
Fros workshop Filipino Martial Arts	Sifu Patrick Van Vlasselaer	Putte - Belgium	January 30th	1 day	2000
Fros workshop Filipino Martial Arts	Sifu Patrick Van Vlasselaer	Putte - Belgium	September 3rd	1 day	2000
Fros workshop Filipino Martial Arts	Sifu Patrick Van Vlasselaer	Putte - Belgium	November 26th	1 day	2000
Fros workshop Filipino Martial Arts	Sifu Patrick Van Vlasselaer	Putte - Belgium	November 18th	1 day	2001
Russian Sambo	Oleg Boulanov	Paris - France	December 14 th -15 th	6 hours	2002
Inosanto seminar	Guru Dan Inosanto	Speyer - Germany	May 21 st –	2 days	2003

Mixed Martial Arts	Sifu Erik Paulson		22 nd		
Paulson seminar Grappling	Sifu Erik Paulson	London – England	April 20 th – 21 st	2 days	2004
Inosanto seminar Mixed Martial Arts	Guru Dan Inosanto	Speyer - Germany	May 22 nd - 23 rd	2 days	2004
Inosanto seminar Mixed Martial Arts	Guru Dan Inosanto	London – England (UK)	July 3 rd -4 th	2 days	2004
Brazilian Jiu-Jitsu	Jean-Jacques Machado	Los Angeles – IAMA (US)	August 15 th -19 th	5 hours	2004
AWSDA seminar Self Defense	American Women Self Defense Association Various Teachers	Asheville North-Carolina (US)	November 3 rd -6 th	4 days	2004
Jeet Kune Do	Sifu Rick Tucci	Brussels - Belgium	March 12 th -13 th	2 days	2005
AWSDA seminar Self Defense	American Women Self Defense Association Various Teachers	Mississauga (Toronto) Canada -	August 10 th – 13 th	4 days	2005
Brazilian Jiu-Jitsu	Jean-Jacques Machado	Los Angeles – IAMA (US)	August 14 th -18 th	5 hours	2005
AWSDA seminar Self Defense	American Women Self Defense Association Various Teachers	Mesa – (Phoenix) Arizona (US)	November 1 st – 4 th	4 days	2006

Participation to Martial Arts seminars, events, workshops (without participation certificate)

WHAT	WHO	WHERE	DATE	HOURS	WHEN
Capoëra	Dende	Belgium		2 hours	1999
Russian Sambo	Hervé Gheldman	Brussels – Belgium	September 15 th -16 th	2 days	2002
Mixed Martial Arts	Guru Dan Inosanto	Los Angeles - IAMA	August 18 th	1 hour	2004
Filipino Martial Arts	Guru Dan Inosanto	Los Angeles - IAMA	August 19 th	1 hour	2004
Thai Boxing	Guru Dan Inosanto	Los Angeles - IAMA	August 19 th	1 hour	2004
Majapahit	Guru Dan Inosanto	Los Angeles - IAMA	August 19 th	1 hour	2004
Filipino Martial Arts	Ramon Rubio	Los Angeles - IAMA	August 19 th	1,5 hours	2004
Mixed Martial Arts	Cookie Vassiliou	Los Angeles - IAMA	August 16 th	1 hour	2005
Thai Boxing	Guru Dan Inosanto	Los Angeles - IAMA	August 16 th	1 hour	2005
Majapahit	Guru Dan Inosanto	Los Angeles - IAMA	August 16 th	1 hour	2005
Filipino Martial Arts	Guru Dan Inosanto	Los Angeles - IAMA	August 16 th	1 hour	2005

Fighting Mutiple Assailants	Seth Ducharme	New York – Modern Warrior	August 27 th	3,5 hours	2005
Krav Maga	Darren Levine & John Whitman	Louvain La Neuve - Belgium	February 18 th – 19 th	12 hours (2 days)	2006

Experience in teaching/coaching

WHAT	WHEN	WHERE	TOTAL HOURS (DAYS)
Replacement instructor ISDS(in case of absence or upon request by) Sifu Patrick Van Vlasselaer	From 2000 until 2005	Belgium	+/- 130 hours
Founder and Head Instructor of Warrior Within	Since January 2006	Belgium	